



Directions to the Hilton Hotel
Raleigh-Durham Airport at Research Triangle Park
4810 Page Creek Lane, Durham, NC
(919) 941-6000

Interstate-40 East: Take Exit #282 (Page Road). At bottom of exit ramp, turn right and make an immediate right onto Creekstone Drive (Sleep Inn is at the same turn). Follow the driveway to the main entrance of the hotel.

Interstate-40 West: Take Exit #282 (Page Road). At bottom of exit ramp, turn right and go through the first stop light. After the light, make the first right onto Creekstone Drive (Sleep Inn is at the same turn). Follow the driveway to the main entrance of the hotel.

Stop-The-Clot Forum™

Organized by the **University of North Carolina Thrombosis Program**
in collaboration with the **National Alliance for Thrombosis and Thrombophilia**
(NATT, www.nattinfo.org) and
Duke University Thrombosis-Hemostasis Program.

Blood Clots and Blood Clotting Disorders

*Key Issues in Diagnosis,
Treatment and Prevention*



UNC
HEALTH CARE



THE UNIVERSITY OF NORTH CAROLINA THROMBOSIS PROGRAM

in conjunction with the
National Alliance for Thrombosis and Thrombophilia
and Duke University Thrombosis & Hemostasis Center
invite you to a Stop-The-Clot™ Education and Discussion Seminar.

March 1, 2008

Hilton Hotel, Raleigh Durham Airport

Continental breakfast, lunch and materials provided

Education and Discussion Seminar on Blood Clots
for Patients, Family Members, Public and
Health Care Providers are welcome

This seminar is FREE but registration
before February 22nd is requested.

PROGRAM

8:00 - 8:45 Registration, Coffee and Continental Breakfast

8:45 - 9:00 Introduction

Stephan Moll, MD and Pat Koppa (patient advocate)

9:00 - 10:00 Blood Clots (thrombosis): Overview

A. Basics - *Tom Ortel, MD, Duke University, Durham*

- What are blood clots (venous versus arterial clots); Why and how do they form?
- Medications used to prevent and treat blood clots
- Everything you always wanted to know about warfarin (INR, diet, interaction with other medications, home INR self monitoring devices)

B. Specifics - *Stephan Moll, MD, UNC Chapel Hill*

- Who is at risk for clots?
- What symptoms do patients experience? How are clots diagnosed?
- Medical treatment for patients with blood clots (clots busters, inpatient/ outpatient therapy, how long to treat with warfarin? How to manage warfarin around surgery)

10:00 - 10:30 Patient Panel

(two patients with thrombosis)... .. Moderator, Stephan Moll, MD

10:30 - 10:50 Break

10:50 - 12:15 Acquired and inherited clotting disorders

Raj Kasthuri, MD, UNC Chapel Hill

- What everybody should know
- How to prevent clots
- Inherited and acquired clotting disorders
- Pros and cons of genetic testing of patients, family members; testing of children

Women and Blood Clots

Andra James, MD, Duke University, Durham

- Oral contraceptives, pregnancy, hormone replacement therapy

Children and Blood Clots

Brent Weston, MD, UNC Chapel Hill

- Pediatric issues

12:15 - 12:30 OPEN DISCUSSION

12:30 - 1:15 LUNCH

1:15 - 2:00 KEY ISSUES TODAY

Pat Koppa, Patient advocate, NATT Board member

- What are the key treatment issues today?
- What are the key issues from a patient's/participant's perspective?
- What are the key issues from a health-care provider's perspective?
- What is being done locally and nationally to address these issues?
- What needs to be done?

2:00 - 2:15 DISCUSSION and WRAP-UP

Stephan Moll and Pat Koppa

Local, Regional, and National Resources

Diagnosis and Referrals

2:45- 4:15 Support Group Discussions

Interested patients, family members and health care providers can stay after the seminar to discuss the need for and structure and content of a local support group. The interest in and feasibility of forming such a group will be discussed. Representatives from other areas of N.C. will be welcome, so that creation of patient support groups in other parts of N.C. can be explored. Arla Johnson and Pat Koppa from Minneapolis will report on their experience with a pilot patient support group in Minneapolis and will lead the discussion.

SPEAKERS

Stephan Moll, MD

Associate Professor
University of North Carolina School of Medicine
Department of Medicine
Division of Hematology-Oncology

Raj Kasthuri, MD

Assistant Professor
University of North Carolina School of Medicine
Department of Medicine
Division of Hematology-Oncology

Brent Weston, MD

Associate Professor
University of North Carolina School of Medicine
Department of Pediatrics
Division of Hematology-Oncology

Thomas L Ortel, MD, PhD

Associate Professor
Duke University Medical Center
Department of Medicine
Division of Hematology-Oncology

Andra H James, MD

Associate Professor
Duke University Medical Center
Department of Obstetrics-Gynecology
Division of Maternal-Fetal Medicine

Pat Koppa, MPH

NATT Board of Directors
Chair of Chapter Development Committee

Arla Johnson

NATT Board of Directors
Chair of Board Development Committee

REGISTRATION

This seminar is FREE but registration before February 22nd is requested as space is limited. Registration includes breakfast, lunch and materials.

To register, please log on to <http://unhealthcare.org/bloodclotseminar>.

For questions, call Cheryl Jeanneret at 919-843-2568 or e-mail: cheryl_jeanneret@med.unc.edu.